

NORTHWOOD CLUB, INC.
RULES AND REGULATIONS

The following rules and regulations have been established to provide for and to protect the interests of the Club Members. Parents are requested to caution their children to observe all rules and to obey the instructions of the Pool Manager and the staff. Any failure to comply with these rules shall be considered sufficient cause for immediate suspension of pool privileges for the offending member for a period of from 1 to 7 days, and it can be considered sufficient cause for cancellation of membership. The lifeguards are responsible for enforcing these Rules and Regulations:

Pool Schedule

1. The pool shall open on or about Memorial Day and shall close on or about Labor Day. Exact dates shall be determined by the Board of Directors.
2. From opening day until the end of the school year:
 - a. the pool is open from 11:00 a.m. until 7:00 p.m. Monday through Thursday.
 - b. the pool is open from 11:00 a.m. until 09:30 p.m. Friday and Saturday.
 - c. The pool is open from 11:00 a.m. until 8:00 p.m. on Sunday.
3. From the end of the school year until the end of the program schedule:
 - a. The pool is open from noon until 09:30 p.m. Monday through Friday.
 - b. the pool is open from 11:00 a.m. until 9:30 p.m. Saturday and Sunday.
 - c. the pool is open on Independence Day (July 4th) from 10:00 a.m. until 09:30 p.m.
4. From the end of the program schedule until Labor Day, hours will be from 11:00 a.m. until 09:30 p.m. The pool will close at 6:00 p.m. on Labor Day. **This Schedule is subject to change, based on staff availability.**
5. All program swimming (swim team practices, swimming lessons) will be in the morning from 7:00 am until 12:00 noon and evenings as scheduled.

Note: The pool will be closed when necessary for maintenance, special programs, schedule changes or inclement weather.

Entrance Procedure

Members shall check in at the desk upon entering the grounds and allow the staff person to check their identification cards kept on file. They shall give their names and the names of any guests that are with them. They shall sign in all guests in the guest book with their member number at the top of the sheet.

Members are responsible for the following Information procedures:

1. Identification cards or rolodex cards should have complete medical information upon issuance.
2. Identification cards shall not be loaned to anyone else under any circumstances.
3. Identification or Membership cards shall have a current photo of the member. It is the responsibility of the member to provide these photos as needed.

Guests

Out-of-Town guest (those living 25 miles or more from pool) may be brought in any time the pool is open.

In-town Guest (those living within 25 miles of pool) Each membership is entitled to eighteen guest privileges per season.

NO LOCAL GUEST PRIVILEGES PERMITTED ON SUNDAYS OR HOLIDAYS UNTIL AFTER 5:00 P.M.

The procedure for guests is:

1. All guests must be registered at the front desk. The member registering the guest(s) must remain on the Club premises with his guest(s) as long as the guest(s) stay(s). The adult member shall be responsible for the guest(s) and his behavior. Minors under age 13 by December 1 of the current year may not register guests without the express written permission of an adult member of the same membership, which written permission shall be retained by the Club.
2. The term "guest privilege day" means a single calendar day. A membership is limited to six (6) local guests during a guest privilege day, unless the member has made written application to the Pool Manager or the Pool Manager's designated alternate at least forty-eight (48) hours in advance and has received approval of that application. The application shall be retained by the Club.
3. Members will be billed for the guest fees when the invoices are mailed the next spring.
4. Guest fees will be \$3.00 for each non-member over six (6) years of age. A guest privilege will still be assessed for any guest six (6) years and under from within a twenty-five (25) mile radius.
5. Special weekly rates of \$10.00 per family shall be extended to bonafide house guests from outside the twenty-five (25) mile radius.
6. Family nights are on Thursdays after 5:00 p.m. Guests may be brought in at a charge of \$3.00 per person without a guest privilege day being used. A maximum of two families may be admitted on a Family Night under a membership, unless the member has made written application to the Pool manager or the Pool Manager's designated alternate at least forty-eight (48) hours in advance and has received approval of that application. The application shall be retained by the Club.
7. Local family members within the twenty-five (25) mile radius may be brought in on one weekend day per summer for family reunions, picnics, etc. with the prior approval of the Pool Manager or his assistant.
8. Children's parties are permitted only with prior reservations made through pool management. No more than 20 children (members and outside guests for all parties that evening) are permitted. Parties will be after 5:00 p.m. and will be held behind the office. One chaperone is required for every five(5) children. Parties will be scheduled on a first come basis on Mondays, Tuesdays, Wednesdays and Fridays (except holidays). A \$10 party fee will be assessed for each party in addition to any guest fees.
9. The above guest rates and party fees will be determined annually by the Board of Directors.

Club Property

General:

- a. No pets allowed.
- b. No glass containers of any kind are permitted.
- c. All children under 13 must be accompanied by a responsible adult after 7:00 p.m.
- d. All persons using the pool and grounds do so at their own risk. The Club will not be responsible for any accident or injury in connection with use.
- e. The cost of any property damage, deliberate or due to carelessness, will be charged to the responsible member.
- f. No abusive language will be permitted.
- g. Members shall drive slowly and carefully on the driveway and in the parking area.
- h. All bicycle riders shall use the bike rack to the right of the pool entrance.
- i. The Club will not be responsible for the loss or damage of personal property.
- j. No alcohol is permitted.
- k. Summer 2007 – No smoking is allowed on the deck or lounge areas.

Effective Summer 2008 – Northwood pool and all related properties are Smoke Free.

- l. Persons using the Club property are responsible for cleaning up their refuse, trash, discarded objects and general debris at all times.
- m. All persons using the Pavilion will keep it neat and clean. You may not throw sports balls in the building or on the building at any time.

You may use the pavilion for eating and socializing, you may not loiter without purpose. You must store your personal items elsewhere when you are not using them.

Concrete Deck:

- a. Street shoes will be allowed on the pool deck but not on the pool apron.
- b. No running, pushing, wrestling, ball playing or undue disturbances will be permitted.
- c. No smoking allowed on Northwood property.
- d. No expectorating permitted on the pool grounds in general.
- e. No beverages or food allowed on the concrete deck.
- f. No socializing with, visiting with, or distracting life guards on duty.

Main and Wading Pool:

- a. All bathers, tennis players, and volleyball players should shower before entering the pool.
- b. Admission to the pool may be refused to anyone with skin abrasions, colds, cough, inflamed eyes, infections, wearing bandages etc.
- c. Expectorating, blowing of nose and chewing gum is prohibited.
- d. No ball playing, horseplay or undue disturbances will be permitted in or around the pools.
- e. No small balls, innertubes, large surf mats, metal, wood or hard plastic toys etc. will be permitted in the large pool area..
- f. Back and arm floats, used to teach swimming, will be permitted in the large pool if the adult is within reach of the child in the pool.
- g. Use of the wading pool shall be normally limited to children under six years of age. Children must be under the direct supervision of a responsible parent or adult at the wading pool. Children able to use the main pool without adult supervision will not be permitted to use the wading pool regardless of age.
- h. All members, including children, shall use the pool and its facilities at their own risk.
- i. Children who have not reached their eighth birthday before December 1 of the current year will not be permitted within the main pool area unless accompanied by an adult.
- j. In order to gain access to the deep end of the large pool, a member must be able to complete the basic water test which consists of: swimming one length of the pool, floating for one minute and treading water for two minutes.
- k. Children under five must wear close fitting suits. The changing of diapers and swim suits shall be done in the bath house.
- l. Wearing of glasses is prohibited within the main pool unless the lenses are plastic and glasses are held in place by Croakies. Wearing glasses is subject to random inspection by the lifeguards.

Diving Board and Slide:

- a. No more than one person will be permitted on a diving board or slide(including steps).
- b. Before diving or sliding, the preceding person must have reached the ladder.
- c. Divers/sliders must swim directly to the ladder.
- d. Diving or jumping from the diving board must be done off the front of the board only.
- e. No horseplay, excessive bouncing, or running is permitted on or around the diving board or slide.
- f. No one is permitted to catch any person coming off the board or slide.
- g. Swimming in the diving well is permitted only when the guard has suspended diving and sliding.
- h. Violation of these or any posted or publicly displayed rules and regulations pertaining to the use of the diving board or slide in general is prohibited.

Your continued cooperation with Northwood's rules and regulations will help make a safe and enjoyable season for everyone.

Revised: June 2007